

# RHUBARB AND APPLE CRUMBLE

Season: Autumn/Winter

From the garden: Rhubarb Type: Dessert Easy

**Serves:** 10-12 adults as a dessert/30 tastes

**Source:** Adapted from Stephanie Alexander, *The Cook's Companion* 

## Equipment

- Medium saucepan with lid
- Chopping board x 3
- Kitchen knife x 3
- Peelers x 4
- Wooden spoon
- Large mixing bowl
- Measuring cups and spoons
- Scales
- Large ovenproof dish or 2 medium dishes
- Serving spoon

## Ingredients

- 15-20 stalks rhubarb
- 6 large apples
- 100g castor sugar
- 4 Tbsp water

#### For the crumble:

- 200g brown sugar
- 2 tsp baking powder
- 3 tsp ground ginger
- 120g unsalted butter
- 300g plain flour

### How to make it

- 1. Pre-heat the oven to 180 degrees.
- 2. Peel apples. Chop each apple into quarters and remove the core and seeds. Then chop each quarter into thin slices.
- 3. Remove leaves from rhubarb and discard. Trim the ends of the rhubarb and then wash and gently dry with a tea-towel. Cut the rhubarb stalks into 3 cm lengths.
- 4. Put the apple and rhubarb slices into the saucepan with the water and castor sugar and place the lid on top. Stand the saucepan over medium heat for 5 minutes. Lift the lid and stir. Keep on heat until rhubarb and apple have softened, and the water has evaporated. When the rhubarb is like a purée and the apple is soft, remove from heat.
- 5. Meanwhile, start the crumble topping. Measure and mix the sugar, baking powder and ground ginger together in a small bowl.
- 6. Measure the flour and sift into a large mixing bowl. Chop the butter roughly into small cubes. Add to the flour and using your fingers rub butter into flour to form pea sized pieces.
- 7. Add the sugar mixture to the flour mixture and combine.
- 8. Spoon the apple and rhubarb mixture into the ovenproof dishes. Sprinkle the crumble topping over the top of the fruit.
- 9. Bake in the oven for approximately 15-20 minutes until the crumble topping is golden brown and bubbling at the edges.
- 10. Allow to cool slightly and serve while still warm.

### **Notes:**

- This crumble topping is versatile and can be used with any combination of stewed fruit including apple, pear, feijoa, plum, apricot, peach, berries or rhubarb.
- For extra decadence serve the warm crumble with ice cream, whipped cream or yoghurt.

## **Skills:**

Peeling, chopping, measuring